

Type of course	Brief Description	Number of training days	Number of dives in the pool	Number of dives in the sea
Discover Scuba Diving	You will discover and experience scuba diving in the open water under the direct supervision of a PADI professional.	1		1
Open Water Diver (OWD)	The initial course will teach you basic skills and knowledge you will need to know as an independent diver. Completing the course you will get internationally recognized qualifications PADI. Maximum depth for an PADI OWD is 18m	3	4	4
Open Water Diver Junior	The basic diving course for young divers 12 years with breathing apparatus (for dives to 18 meters).	2	5	5
Advanced Open Water Diver	The course helps build confidence and expand your scuba skills under water. You will be required two dives – deep and underwater navigation. Then you can choose the other three dives according to your preferences. Maximum depth for an PADI AOWD is 30m	2		5
Refresh Dive Course	We recommend that divers who have not been diving for a year or more take a refresher course. You can ask questions and review skills before your Saba dive.	1	1	1
Enriched Air Nitrox Diver Course	The course allows you to dive with a mixture with a higher concentration of oxygen than regular air mixture. This mixture allows you to stay under water longer.	1		2
Additional course snorkeling for non-divers	You will learn to compensate pressure, using fins and also how to properly dive, to save the air and other important skills for divers ...	1		2